

# UC DAVIS

## GRADUATE STUDIES

### RESOURCES FOR MENTORS

#### MENTAL HEALTH AND WELLNESS

##### Student Health and Counseling Services

Provides a wide variety of medical, mental health and wellness services to all registered UC Davis students regardless of insurance coverage. Urgent care (services without appointments) for acute medical and mental health needs are also available. Services are provided at two primary locations: The Student Health and Wellness Center and North Hall.

##### Counseling

Dr. Bai-Yin Chen is a psychologist specializing in college mental health and graduate student concerns and issues. Dr. Chen meets with students at North Hall and Mrak Hall. If students would like to set up an appointment with Dr. Chen in her office in Mrak Hall, they can e-mail her at [bchen@shcs.ucdavis.edu](mailto:bchen@shcs.ucdavis.edu).

The Student Health and Counseling Services office hours are 8:00 a.m. - 4:30 p.m. Monday, Tuesday, Thursday and Friday; and 9:00 am - 4:30 pm on Wednesday. Their number is (530) 752-2349. Mental health staff members are available 24 hours a day 7 days a week by phone at (530) 752-2349.

##### Student Disability Center

Ensures equal educational opportunities for students in different areas of disability including: learning, vision, medical, psychological, hearing, and mobility. [sdc.ucdavis.edu](http://sdc.ucdavis.edu)  
[sdc@ucdavis.edu](mailto:sdc@ucdavis.edu)  
(530) 752-3184  
54 Cowell Building

##### Office of Student Support & Judicial Affairs

Non-clinical Case Managers provide support and assistance to students and to staff and faculty members who become aware of students in need. OSSJA Case Managers receive information, identify resources, reach out to students, and follow up so that students are helped and that staff and faculty are kept informed when necessary and appropriate. [sia.ucdavis.edu/case-management.html](http://sia.ucdavis.edu/case-management.html)  
[aggiecare@ucdavis.edu](mailto:aggiecare@ucdavis.edu)  
(530) 752-1128  
3200 Dutton Hall

##### Sexual Violence Prevention and Response

A resource for victims of sexual assault and violence.  
[sexualviolence.ucdavis.edu/](http://sexualviolence.ucdavis.edu/)

#### INTERNATIONAL STUDENTS

##### Services for International Students and Scholars

Assists incoming and current international students and scholars, and their families with visa and immigration issues while they are at UC Davis. SISS also provides orientation, assistance, information, and referrals to international students, faculty, and researchers regarding financial, personal, cultural, and academic concerns.  
[siss@ucdavis.edu](mailto:siss@ucdavis.edu)  
(530) 752-0864 International Center- Suite 3140

#### ACADEMIC PERFORMANCE

##### Admissions and Academic Services, Graduate Studies

Offers graduate students advising on academic milestones, policy, and student progress. [grad.ucdavis.edu](http://grad.ucdavis.edu)  
(530) 752-0650  
[gradservices@ucdavis.edu](mailto:gradservices@ucdavis.edu)  
250 Mrak Hall

##### Associate Dean for Graduate Students and Postdoctoral Scholars

Acts as an advisor and advocate for graduate students. The ADGS takes a student centered approach and can provide help problem solving, identifying resources, and taking formal action if requested by the student. Email Trina Giardino to set up an appointment, [tgiardino@ucdavis.edu](mailto:tgiardino@ucdavis.edu)

##### Dissertation/Thesis Support Group

A support space for graduate students who are in the writing stage of their dissertation or thesis. The group will focus on goal setting, time management, motivation enhancement, problem-solving, stress management, and building other skills relevant to completing the dissertation or thesis. For more information contact Dr. Bai-Yin Chen, Coordinator of Counseling Services for Graduate Students, at [bchen@shcs.ucdavis.edu](mailto:bchen@shcs.ucdavis.edu).

#### FOOD INSECURITY

##### Aggie Food Connection

Provides one online access point for UC Davis information, resources and services pertaining to food security and nutrition. The AFC connects the UC Davis student population with easy, immediate and confidential UC Davis food resources while working to overcome stigma associated with needing help.  
[aggiefoodconnection.ucdavis.edu/](http://aggiefoodconnection.ucdavis.edu/)

#### HOUSING

##### Student Housing

Graduate students and their family members are eligible to live in any of the four apartment communities on the UC Davis campus: Solano Park, West Village, Russell Park, and The Atriums at La Rue. Solano Park and Russell Park are family-friendly and students with families receive priority over other applicants. Apartments are unfurnished. For more information visit [housing.ucdavis.edu](http://housing.ucdavis.edu).

#### INTERPERSONAL CHALLENGES

##### Admissions and Academic Services, Graduate Studies

Offers graduate students advising on mentoring, conflict negotiation, and interpersonal concerns. [grad.ucdavis.edu](http://grad.ucdavis.edu)  
[gradservices@ucdavis.edu](mailto:gradservices@ucdavis.edu)  
(530) 752-0650  
250 Mrak Hall

### **Associate Dean for Graduate Students**

Acts as an advisor and advocate for graduate students. The ADGS takes a student centered approach and can provide help problem solving, identifying resources, and taking formal action if requested by the student. Email Trina Giardino to set up an appointment, [tgiardino@ucdavis.edu](mailto:tgiardino@ucdavis.edu)

### **Office of the Ombuds**

Provides confidential, independent, impartial, and informal problem-solving and conflict management resources.

[ombuds.ucdavis.edu/](http://ombuds.ucdavis.edu/)

(530) 754-7233(SAFE)

Surge IV, TB 203, Suite 409

### **Graduate Student Associate- Grievance Resolution**

Provides grievance assistance to graduate students on campus. The GSA's Internal Vice President is happy to help grads navigate interpersonal issues. [gsainternalvicepresident@ucdavis.edu](mailto:gsainternalvicepresident@ucdavis.edu)

### **Harassment & Discrimination Assistance and Prevention Program**

Assists individuals and campus units to resolve conflicts and complaints related to harassment, discrimination, sexual harassment, sexual violence and hate and bias.

[hdapp.ucdavis.edu](http://hdapp.ucdavis.edu)

(530) 747-3864

## **EMPLOYMENT AND LEAVE ACCOMODATION**

### **Academic Personnel, Graduate Studies**

Tracey Pereida advises faculty, staff, and graduate students on policy, eligibility, limitations, classification, and duties related to academic student employment. She can also advise on performance management, discipline and dismissal, benefits, fee remission, leave accommodation, payroll and separation, and ASE contract compliance. You can contact Tracey Pereida at (530) 754-6447 or [tgpereida@ucdavis.edu](mailto:tgpereida@ucdavis.edu).

**Aggie Job Link:** Graduate Studies and the Internship and Career Center have partnered with Aggie Job Link (AJL) to host available employment opportunities for graduate students.

<https://icc.ucdavis.edu/find/resources/ajl>

## **FUNDING**

### **Student Financial Support, Graduate Studies**

Offers advising on external fellowships, internal fellowships, academic employment, and nonresident supplemental tuition fellowship programs. [grad.ucdavis.edu](http://grad.ucdavis.edu)

[gradservices@ucdavis.edu](mailto:gradservices@ucdavis.edu)

(530) 752-0650

250 Mrak Hall

### **Financial Aid and Scholarships:**

[financialaid.ucdavis.edu](http://financialaid.ucdavis.edu)

530-752-9246 (9 a.m. to 4 p.m. Monday-Friday)

1100 Dutton Hall

**Aggie Job Link:** Graduate Studies and the Internship and Career Center have partnered with Aggie Job Link (AJL) to host available employment opportunities for graduate students.

<https://icc.ucdavis.edu/find/resources/ajl>

## **PARENTS**

### **UC Davis Student Parent Child Care Funding Program**

The WorkLife & Wellness office, in coordination with Graduate Studies and the Financial Aid office, offers limited grants and loans to students with dependent children to support, and need assistance with child care expenses. [worklife@ucdavis.edu](mailto:worklife@ucdavis.edu)

### **Child Care**

The WorkLife & Wellness Office has an online listing of child care options in Davis and Sacramento, including some on-campus options. [hr.ucdavis.edu/departments/worklife-wellness/children/child-care](http://hr.ucdavis.edu/departments/worklife-wellness/children/child-care)

### **Breastfeeding Support Group**

Provides university affiliates and their partners with lactation consultations, support group meetings, and the use of hospital grade breast pumps located in close to 40 lactation sites on the UC Davis campus as well as 10 sites at UC Davis Medical Center.

[hr.ucdavis.edu/departments/worklife-wellness/breastfeeding](http://hr.ucdavis.edu/departments/worklife-wellness/breastfeeding)

Lactation Consultant: Shirley German, [sagerman@ucdavis.edu](mailto:sagerman@ucdavis.edu)

## **PROFESSIONAL DEVELOPMENT**

### **GradPathways and additional Professional Development Programs**

Mentors can direct their students to GradPathways for a wide variety of workshops on topics such writing and publishing, presentation skills, leadership and management, and career exploration among others: [gradpathways.ucdavis.edu](http://gradpathways.ucdavis.edu).

Contact Teresa Dillinger, Academic Administrator, Professional Development Programs at [tdillinger@ucdavis.edu](mailto:tdillinger@ucdavis.edu).

### **Writing Support, the University Writing Program in Partnership with GradPathways**

For students struggling with writing, GradPathways partners with the University Writing Program to offer courses and one-on-one writing consultations. [grad.ucdavis.edu/professional-development/gradpathways/writing-and-publishing](http://grad.ucdavis.edu/professional-development/gradpathways/writing-and-publishing)

### **Individual Development Plan Resources, Graduate Studies**

All graduate students and postdoctoral scholars are encouraged to create an Individual Development Plan to map out their program and career objectives. [grad.ucdavis.edu/professional-development/individual-development-plan-idp](http://grad.ucdavis.edu/professional-development/individual-development-plan-idp)

### **Teaching Training and Support, Center for Educational Effectiveness (CEE):**

In addition to Teaching Assistant Orientation, the CEE offers workshops, courses, and one-on-one consultations to support graduate student teaching assistants and associate instructors. [cee.ucdavis.edu/](http://cee.ucdavis.edu/)

### **Career Services for Graduate Students and Postdoctoral Scholars, Internship and Career Center (ICC):**

The ICC provides comprehensive career services for UC Davis Master's and Ph.D. students, and Postdoctoral scholars. Workshops, events, and one-on-one advising are provided for all career paths – from academia and beyond. Students can make appointments online at [icc.ucdavis.edu/mpp](http://icc.ucdavis.edu/mpp)

